



Thialf (Fotografie CATCH YOUR MOMENT)



Put some sport in your meeting

Attending a meeting between four walls, slumping in a chair all day? No exactly conducive to your inspiration and productivity. By combining a meeting with healthy exercise at a top sports location, your meeting will become a lot more dynamic. Meeting International highlights a number of Dutch options.

HOTEL PAPPENDAL

At Papendal, the real top Dutch sportsmen train. But did you know that you can also stayover here, or organize a meeting, even if you are not a sportsperson? Here, you

are not obliged to exercise, you can simply enjoy the beautiful environment. But if you are the sporting type, then this is the place to be for you. You can use a break in the meeting to attend one of the many clinics. You can opt for, for instance, a clinic BMX, archery, fencing, Tai Chi or boxing given by former Dutch boxer Arnold Vanderlyde. Are you not the super-active type? Then you can choose for, for instance, a workshop healthy nutrition, herding sheep with border collies or sculpting with ice (ice carving).

www.papendal.com



Hotel Papendal



KNVB Campus

KNVB CAMPUS

The KNVB Campus is the beating heart of the Dutch football: the place where the national selections train, footballers recuperate and where coaches and referees are trained. But the KNVB Campus is also there for companies. Besides an inspiring meeting venue, the campus also offers various sportive clinics. Ideal as an enrichment for a meeting or as a motivating team outing. The possibilities are ample: from a football clinic, pilates and bootcamp up to the booking of a guest speaker. If you want to know more about nutrition, you are at the right place: during the Powerfoods the KNVB Campus' chef shows participants how nutrition can get you through the working day more vital and energetic.

www.knvb.com/campus

OLYMPIC STADIUM

The Olympic Stadium is the undisputed icon of the Dutch Olympic sports and the right spot for new inspiration. This stadium offers a plethora of possibilities for unique and sportive arrangements. Besides holding a meeting in the rooms that once were the home base of trainers and players, you can participate in all

sorts of clinics given here. This way, you experience a unique, sportive clinic at the location where in 2016 the EC Athletics were held, or enjoy a football match with friends or colleagues on the pitch where Ajax and the Dutch national football team have played. Are you not afraid of a bit of cold? Then visit the Freezlab. Here, for a maximum of three minutes you stay in a cabin cooled at minus 110 degrees Celsius, to give your body and mind a powerful boost. This concept is used by sport clubs like AC Milan and Bayern Munich, but also often applied as a treatment for, amongst other things, stress, rheumatism, chronic pain, burn-out complaints and skin diseases.

www.olympischstadion.nl/en

THIALF

Thialf is the foremost ice stadium for top sport ice skating in the Netherlands. Apart from the ice skating and the top sport facilities Thialf offers a special experience for businesses.

The function rooms and reception room can easily be combined with an activity on the 'holy grass' and the athletics track. This adds a certain style to a presentation for the press or team building event: put

on a sprint on the track where the world's best athletes compete, or score a goal on the pitch where so many celebrities were successful. Have you ever considered a meeting, followed by an ice skating clinic given by a famous ice skater? You can also attend a clinic icehockey, icebyk and curling. With a backstage tour you can find out what goes on behind the screens, explore the renovated engine room and learn how to quickly make ice.

www.thialf.nl

TOPSPORTHAL EDE

One of the most recently opened locations for top sporters is the Van der Knaaphal, the topsport hall in the town of Ede. Only just open the hall is a multifunctional complex where education, recreational sport and top sport meet and inspire each other. The complex has various function rooms that are available mainly in the evenings and weekends. They are well equipped for meetings, congresses and commercial purposes or as VIP room during (top) sport matches.

www.topsportthal-edel.nl